

Reflexivity and positionality in research



Reflexivity questions - worksheet

- How do I define my identity? How does that affect my research practice?
- What are my values and beliefs, and how are they operating in my research work?
- Which of my biases and assumptions are relevant here, and how are they affecting my research?
- How do these considerations affect the choices I make in my research?
- How can I use these considerations to inform, enrich and develop my research?
- Am I being as honest and transparent as possible about all these factors in presenting my research?
- What impact do my emotional responses have on my research?
- How does the time at which I am working affect my research?
- What effect has this research had on my relationships with others? What effect, in turn, has this had on the research? What about relationships between other relevant people?
- Which institutions are involved in my research? What effect have they had on the research? What effect has the research had on them?
- What are the political aspects of my research? How do they play out in practice?
- Where are the relevant power balances and imbalances? Are they changing during the research process? If so, in what way? What effect do they have on my research?

Source: Kara, H. (2015). *Creative Research Methods in the Social Sciences: A Practical Guide*. Policy Press.

Full resource, see: <https://www.ncrm.ac.uk/resources/online/all/?id=20808>

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